



WEEK AT A GLANCE
ALL CLASSES SUBJECT TO CHANGE

Adult Water Walking/Lap Swimming is now available during any unscheduled pool time

Valid Dates: 6/1/26 – 8/23/26

MONDAY	9:00-9:50AM	Aquatic Aerobics
9:00AM – 8:00PM	10:00AM-12:00PM	Water Walking/Lap Swimming
	1:00-2:00PM	Daycare Rental
	2:00-3:00PM	Water Walking/Lap Swimming
	3:00-4:00PM	Family Swim
	4:10-6:40PM	Swimming Lessons
	7:00-7:50PM	Water Walking/Lap Swimming
TUESDAY	<i>9:00-9:50AM</i>	<i>Aquatic Aerobics</i>
9:00AM – 9:00PM	<i>10:00AM-12:00PM</i>	<i>Swimming Lessons</i>
	<i>1:00-3:00PM</i>	<i>Water Walking/Lap Swimming</i>
	<i>3:00-4:00PM</i>	<i>Family Swim</i>
	<i>4:10-6:40PM</i>	<i>Swimming Lessons</i>
	<i>7:00-7:50PM</i>	<i>Aquatic Aerobics</i>
	<i>8:00-9:00PM</i>	<i>Water Walking/Lap Swimming</i>
WEDNESDAY	9:00-9:50AM	Aquatic Aerobics
9:00AM – 8:00PM	10:00AM-12:00PM	Water Walking/Lap Swimming
	11:00AM-12:00pm	Chair Yoga
	1:00-2:00PM	Daycare Rental
	2:00-3:00PM	Water Walking/Lap Swimming
	3:00-4:00PM	Family Swim
	4:10-6:40PM	Swimming Lessons
	7:00-7:50PM	Water Walking/Lap Swimming
THURSDAY	<i>9:00-9:50AM</i>	<i>Aquatic Aerobics</i>
9:00AM – 9:00PM	<i>10:00AM-12:00PM</i>	<i>Swimming Lessons</i>
	<i>1:00-3:00PM</i>	<i>Water Walking/Lap Swimming</i>
	<i>3:00-4:00PM</i>	<i>Family Swim</i>
	<i>4:10-6:40PM</i>	<i>Swimming Lessons</i>
	<i>7:00-7:50PM</i>	<i>Aquatic Aerobics</i>
	<i>8:00-9:00PM</i>	<i>Water Walking/Lap Swimming</i>
FRIDAY	9:00-9:50AM	Aquatic Aerobics
9:00AM – 12:00PM	10:00-11:00AM	In Water Pilates
	11:00AM-12:00PM	Water Walking/Lap Swimming

SATURDAY	<i>9:20-1:10PM</i>	<i>Swimming Lessons</i>
9:00AM - 2:15PM	<i>1:15-2:15PM</i>	<i>Family Swim</i>
SUNDAY	10:45-11:45AM	Water Walking/Lap Swimming
9:00AM - 2:15PM	12:00-1:15PM	S.W.I.M. Program Swimming Lessons
	1:15PM-2:15PM	Family Swim

****SPACE IS LIMITED. SIGNUP IS REQUIRED FOR ALL CLASSES. WALK INS MAY NOT BE ABLE TO GET INTO CLASSES****