

WEEK AT A GLANCE ALL CLASSES SUBJECT TO CHANGE

Adult Water Walking/Lap Swimming is now available during any unscheduled pool time

Valid Dates: 9/2/25 – 5/25/26

3:00-4:00PM Family Swim 4:10-6:40PM Swimming Lessons	9:00am-12:00pm 2:00pm-8:00pm	3:00-4:00PM	
Tuesday 9:00-9:50AM Aquatic Aerobics 3:00-4:00PM Swimming Lessons	2:00pm-8:00pm		raililly Swilli
Tuesday 9:00-9:50AM Aquatic Aerobics 3:00-4:00PM Family Swim 4:10-6:40PM Swimming Lessons 7:00-7:50PM Aquatic Aerobics 11:00-12:00PM 2:00pm-8:00pm 2:00pm-8:00pm 2:00pm-8:00pm 4:10-6:40PM Swimming Lessons 1:00-12:00PM Chair Yoga **Water walking can be done during this** 3:00-4:00PM Swimming Lessons 5:00-9:50AM Aquatic Aerobics 4:10-6:40PM Swimming Lessons 5:00-9:50AM Aquatic Aerobics 3:00-9:50AM Aquatic Aerobics 5:00-9:50AM Aquatic Aerobics 3:00-9:50AM Aquatic Aerobics 3:00-9:50AM Aquatic Aerobics 5:00-9:50AM Aquatic Ae		4:10-6:40PM	
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3:00-4:00PM	Tuesday		
9:00am-12:00pm 2:00pm-9:00pm A:10-6:40PM	LILDCUAN	9:00-9:50AM	Aquatic Aerobics
2:00pm-9:00pm 4:10-6:40PM Swimming Lessons	•	3:00-4:00PM	Family Swim
Thursday 9:00-9:50AM Aquatic Aerobics	•	4:10-6:40PM	Swimming Lessons
9:00am-12:00pm 2:00pm-8:00pm Thursday 9:00am-12:00pm 9:00-9:50AM 3:00-4:00PM Aquatic Aerobics 3:00-4:00PM Family Swim Aquatic Aerobics Family Swim	2:00pm-9:00pm	7:00-7:50PM	
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4:10-6:40PM Swimming Lessons	•	3:00-4:00PM	Family Swim
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2:00pm-8:00pm 4:10-6:40PM Swimming Lessons	•	4:10-6:40PM	Swimming Lessons
2.00pm-0.00pm	2.00pm-0.00pm		
Friday 9:00-9:50AM Aquatic Aerobics	Friday		
9:00am-12:00nm 10:00-11:00AM In Water Pilates			
11:00AM-12:00PM Water Walking/Lap Swimming		11:00AM-12:00PM	Water Walking/Lap Swimming
Saturday 9:20-1:10PM Swimming Lessons			
9:00am-2:15nm 12:40PM-1:10PM Makeup Lesson Time/Leveling Lesson Time	Saturday		, ,
1:15-2:15PM Family Swim	Saturday 9:00am-2:15pm	1:15-2:15PM	Family Swim
	Saturday 9:00am-2:15pm	1	
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1:15-2:15PM Family Swim	9:00am-2:15pm	12:00-1:10pm	S.W.I.M. Program Lessons

^{**}SPACE IS LIMITED. SIGNUP IS REQUIRED FOR ALL CLASSES. WALK INS
MAY NOT BE ABLE TO GET INTO CLASSES**